

IT'S THAT TIME OF THE YEAR TO:

- SUPPORT NAMI PROGRAMS
- INCREASE AWARENESS
- PROMOTE HOPE, WELLNESS, & RECOVERY

GET YOUR WALKING SHOES ON!



Register at:

www.nami.org/namiwalks

**LAC
DMH**
LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH

SATURDAY, OCTOBER 1, 2011

SANTA MONICA 3RD STREET PROMENADE

CHECK IN: 8:00 AM

START TIME: 9:30 AM